

WHS 2017 Breakfast OCT.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Long Johns Bananas Cereal Juice Milk	3 Pancakes Sausage Links Yogurt Cereal Juice Milk	4 Breakfast Pizza Cereal Fruit Juice Milk	5 French Toast Sticks Fruit Juice Milk	6 Granola Bar String Cheese Cereal Juice Fruit Milk	7
8	9 Waffles Fruit Cereal Juice Milk	10 Breakfast Burrito Cereal Fruit Juice Milk	11 Breakfast Pastry Yogurt Cereal Juice Milk	12 Ham,Egg,Cheese Breakfast Bar Cereal Juice Fruit.../Milk	13 Scrambled eggs Sausage Patty Cereal Juice Fruit Milk	14
15	16 Breakfast Pizza Cereal Fruit Juice Milk	17 French Toast Stick Yogurt Cereal Juice Milk	18 Sausage,Cheese, Bagel Fruit Cereal Juice/Milk	19 Breakfast Pastry Yogurt Cereal Juice Milk	20 No SCHOOL	21
22	23 Cheese,Egg, Turkey Bacon Bread Stick Juice/Milk Cereal	24 Granola Bar Cereal Fruit Juice Milk	25 Breakfast Burrito Cereal Fruit Juice Milk	26 Pancakes Sausage Links Cereal Fruit Juice/Milk	27 Ham, Cheese,Egg Breakfast Bar Cereal Fruit Juice/Milk	28
29	30 Long Johns Fruit Cereal Juice Milk	31 Waffles Fruit Cereal Juice Milk				

WHS 2017 Lunch OCT.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Calzones Corn Potato Wedges Cookie Fruit Milk	3 Corn Dogs Fries Peas Pears Milk	4 BBQ Ribs on a Bun Baked Beans Tater Tots Fruit Milk	5 Philly Cheese Steak on Ciabatta Green Beans Sun Chips Fruit, Milk	6 Chili Cheese Dog On A Bun Tater Tots Carrots Fruit Milk	7
8	9 Fiestada Pizza French Fries Corn Cookie Milk	10 BBQ Little Smokies Mac N' Cheese Green Beans Banana Pudding Milk	11 Southwest Chicken Wrap Chips Fruit Milk	12 Frito Pie Refried Beans Fruit Cocktail Dessert Bar Milk	13 Sub Sandwich Ham/Turkey Pork.N.Beans Potato Wedges Fruit Milk	14
15	16 Goulash Corn Garlic Cheese Bread Stick Fruit/ Milk	17 Chicken Quesadilla Carrots Tri Tater Peaches Milk	18 Steak Fingers Mashed Potatoes Green Beans Roll Fruit/ Milk	19 Italian Supreme Turkey & Cheese Panani Fries, Carrots Fruit, Milk	20 NO SCHOOL	21
22	23 Crispitos Tri Tater Corn Brownie Fruit/ Milk	24 Pasta Bake Tater Tots Garlic Bread Stick Vege.Melody Fruit/ Milk	25 Pig N' a Blanket Cooked Carrots Chips Fruit Milk	26 Beef N' Noodles Mashed Potatoes Corn Cookie Milk	27 Tacos Refried Beans Salsa/ Rice Cinnamon twist Milk	28
29	30 Pork Fritter Patty On a Bun Curley Fries Cooked Cauliflower Fruit/Milk	31 Taco Salad Refried Beans Salsa Corn / Granola Bar Milk				