

# WHS 2018 Breakfast OCT.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Breakfast Pizza Cereal Fruit Juice Milk	2 French Toast Sticks Cereal Fruit Juice/Milk	3 Pancake Wrapped Sausage Cereal Fruit Juice/Milk	4 Long Johns Cereal Fruit Juice Milk	5 Sausage Links Muffins Cereal Fruit Juice/Milk	6
7	8 Sausage Cheese Bagel Cereal Fruit Juice/Milk	9 Breakfast Pastry Cereal Fruit Juice Milk	10 Pancake on a Stick Cereal Fruit Juice Milk	11 Breakfast Pizza Cereal Fruit Juice Milk	12 French Toast Sticks Cereal Fruit Juice/Milk	13
14	15 Granola Bars Muffins Cereal Fruit Juice/Milk	16 Long Johns Cereal Fruit Juice Milk	17 Sausage Cheese Bagel Cereal Fruit Juice/Milk	18 French Toast Sticks Cereal Fruit Juice/Milk	19 NO SCHOOL	20
21	22 Sausage Links Muffins Cereal Fruit Juice/Milk	23 Breakfast Pastry Cereal Fruit Juice Milk	24 Pancake Wrapped Sausage Cereal Fruit Juice/Milk	25 Breakfast Pizza Cereal Fruit Juice Milk	26 Granola Bars Muffins Cereal Fruit Juice/Milk	27
28	29 Sausage Cheese Bagel Cereal Fruit Juice/Milk	30 Long Johns Cereal Fruit Juice Milk	31 Pancake on a Stick Cereal Fruit Juice Milk			

# WHS 2018 Lunch OCT.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
	Calzones Cooked Cauliflower Tater Tots Fruit Milk	Ham/Cheese Tortilla Roll Ups Cooked Carrots Cinnamon Donuts Juice/Milk	Chili Cheese Dog Corn Cookie Fruit Milk	Chicken Nuggets Green Beans Tri Tater Fruit Milk	Orange Beef Rice Mixed Vegies Roll Juice/Milk	
7	8	9	10	11	12	13
	Ham/Cheese Bagel Vegie Blend French Fries Fruit Milk	Corn Dog Potato Wedges Broccoli Cheese Fruit Milk	Taco Salad Corn Cinnamon Donuts Fruit Milk	Roast Beef Bacon Wrap Green Beans Chips Fruit/Milk	Lasagna Corn Garlic Bread Fruit Milk	
14	15	16	17	18	19	20
	Chicken Fried Steak Corn/Roll Mashed Potatoes Fruit/Milk	Hamburgers French Fries Peas Baked Beans Milk	Tacos Refried Beans Mexican Rice Fruit Milk	McRib Sandwich Carrots Sun Chips Cookie Fruit/Milk	NO SCHOOL	
21	22	23	24	25	26	27
FRESHMAN WEEK>>>>>>>>	Chicken Strips Vegie Blend Curley Fries Fruit Milk	BBQ Pulled Pork Baked Beans Potato Wedges Fruit Milk	Philly Cheese Ciabatta Peas Sun Chips Fruit/Milk	Spaghetti Corn Bread Stick Fruit Milk	Tater Tot Casserole Green Beans Roll Fruit/Milk	
28	29	30	31			
	Fiestada Pizza Vegie Blend Cookie Fruit Milk	Beef N Noodles Mashed Potatoes Corn Fruit Milk	Goulash Green Beans Breadstick Fruit Milk			